

# CENTER FOR INDEPENDENCE OF THE DISABLED NY

## 'All of Us' Includes Disability

Center for Independence of the Disabled, NY ([www.cidny.org](http://www.cidny.org)) is helping to spread the word about #Join-AllOfUs. The All of Us Research Program (<https://allofus.nih.gov/>) is a program from the National Institutes on Health (NIH). All of Us seeks to enroll "one million or more" participants in a longitudinal research cohort to improve our ability to prevent and treat disease based on individual differences in lifestyle, environment, and biological makeup, including genetics.

The program aims to oversample communities that have been underrepresented in research to make it the largest, most diverse resource of its kind. People ages 18 and older, regardless of health

status, are eligible to enroll, including people with disabilities. Help us to make sure that people with disabilities, people of color, LGBTQ folks, and others are included in this research.

Individuals who enroll will be asked to complete health surveys and they will be given the option to provide the program with access to their electronic health records (this is NOT required though). They may be asked to give biospecimens but this is done at no cost to them and they will be contacted to schedule this appointment.

All of these sites will be accessible, but if there is an issue, please let us know so we can pass that information along so that the situation can be rectified.



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**CID-NY**

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## CIDNY's Benefits Check-Up

Eligibility for public benefits change frequently. Are you getting the benefits you need?

Find out if you are eligible for:

- \* Health Insurance Options
- \* Housing: DRIE/SCRIE, HEAP
- \* Transportation: Access-A-Ride, 1/2 Fare Card
- \* SNAP
- \* SSDI

And more....

For more information call CIDNY and ask to speak to a benefits counselor.

ASL, Cantonese, Mandarin, and Spanish-speaking counselors are available.

