

Do you have a disability?

Would you like the support of a peer?

These are tough times, and we all need help getting through them.

The **Brooklyn Center for Independence of the Disabled's Community Health Worker Program** can offer the support you need.



Our Community Health Workers (CHWs) are people with disabilities, so they'll talk with you as peers. In weekly calls, they'll offer:

- Emotional support
- Guidance getting the health care and other services you need
- Links to resources in the community
- Advice on how to advocate for yourself



Just contact **BCID at 929-219-0960**
(business hours only)
or write CHW@bcid.org.

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